

Preggers Can Be Choosers, PLLC

Informed Choice and Disclosure Statement:

The purpose of this document is to describe our background, scope of practice, and limitations, so that clients can compare our services with other obstetric providers.

- Preggers Can Be Choosers PLLC employs Certified Professional Midwives. We are qualified to attend normal, healthy women with normal, healthy pregnancies. We attend births at home.
- Rowan TwoSisters received her associates in science in 2004, worked as Emergency Medical Technician 1997-2001, became a licensed massage therapist in 1993. She served as a midwife apprentice for two years with Shannon Stelhorn LM, CPM Sacred Journey Midwifery (Jan 2016- Dec 2017) and apprenticed with Jackie Griggs CNM, Midwife in the Heights (Jan 2018 – August 2018,) and Kathleen VandeGeissen CNM, North Houston Birth Center (Sept 2018 –Dec 2018) all in Houston, Texas.
- A system is in place should the need arise for a higher level of care with a physician. An emergency back-up plan will be developed for all clients before delivery is expected.
- We provide clients with regular prenatal, postpartum, and newborn care as part of our services.
- We advise clients to seek medical care should signs or symptoms of a complication develop that would jeopardize mother or baby's well being. We will refer you to a physician, or you may consult with a physician of your own choosing.
- We provide basic emergency equipment at all births: oxygen, Pitocin for hemorrhage, ambu bag for resuscitation, IV equipment. Our birth team renews their certification in Neonatal Resuscitation (NRP) and Cardio-Pulmonary Resuscitation (CPR) every two years.
- We do not use forceps or surgical instruments for any procedure other than cutting the umbilical cord or providing emergency first aid during delivery.
- We are qualified to administer medications for the purpose of prophylaxis or in case of emergency. We do not use narcotics or epidurals during the birth process.
- We will process your placenta, raw prep in your home, or dehydrated and encapsulated offsite if you wish to ingest your placenta This will be performed by a trained placenta specialist.
- We are qualified to provide care for normal healthy newborns during the first six weeks of life. We do not provide immunizations.
- We do not knowingly or intentionally falsify or make false statements on a birth certificate application. Registration is necessary for all births.
- We perform testing for the newborn screen as required by law.
- We collect cord blood after the birth to determine baby's blood type.
- We do not carry malpractice insurance.
- We comply with all applicable local, state, and national laws and we are in compliance with all requirements of the Texas Midwifery Board.
- We do everything possible to be inclusive. Period.
- Should a client have a complaint about the care she receives from Preggers Can Be Choosers PLLC, they may contact the local law enforcement authority, or notify the regulating agency, orally, or in writing:

Texas Department of Licensing & Regulation Attention:

Enforcement Division

P.O. Box 12157 Austin, Texas 78711

Emailed to Intake@tdlr.texas.gov or file online at

www.tdlr.texas.gov/complaints Toll-Free (in Texas): (800) 803-9202

Medical back-up arrangements are:

Referall Physicican

Dr Alfredo Gei
