

Preggers Can Be Choosers, PLLC Services Contract

Preggers Can Be Choosers, PLLC is honored to be entrusted with your care. This contract outlines the financial expectations and responsibilities of the patient to the midwife as well as the routine services provided by the midwife to the patient, refund policies, termination and transfer of care procedures.

Section 1: Parties

This agreement is between _____ and Rowan TwoSisters, CPM, LM, hereafter referred to as the "Patient(s)", and Rowan TwoSisters, Certified Professional Midwife (CPM), Licensed in the State of TX (LM) of Preggers Can Be Choosers, PLLC, hereafter referred to as the "Midwife."

Section 2: Services

Standard Maternity Care Services included in the Global Maternity Fee:

- Comprehensive prenatal office visits with the Midwife and/or her agents as follows: one visit per month until 28 weeks gestational age (WGA); every other week from 29-35 WGA, and weekly from 36 WGA to birth.
- One prenatal home visit at or around the 37th WGA.
- Phone and email contact throughout pregnancy for questions or complications on the What's App platform. If your midwife is "off call" for an extended time you will be provided with the contact information of another midwife who will provide that support during your midwife's off call time. Contact policies are outlined in the patient handbook.
- Ongoing mental health screening.
- 1 prenatal Arvigo Maya Abdominal session with a Preggers Can Be Choosers provider.
- 1 Labor Whispering massage with a Preggers Can Be Choosers provider.
- 1 year subscription to perinatal fitness program Mommastrong.com.
- Normal Intrapartum care. It is our practice and intent, barring unforeseen circumstances such as precipitous birth, that there will be at least 2 qualified attendants, at least one of whom is a licensed midwife, present at your birth to ensure comfort and safety of both birthing person and baby. The midwife will monitor birthing person and baby throughout active labor and the immediate postpartum period.
- 1 Newborn examination.
- Chest feeding support.
- Perineal tissue repair if needed (1st or 2nd degree).
- Placenta preparation for ingestion, smoothie ready or encapsulation.
- 1 Postpartum massage with a Preggers Can Be Choosers provider.
- Postpartum home visits for patient and baby at approximately 48 hours.
- Postpartum belly binding.
- Postpartum office visits for patient and baby at 2 weeks and 6 weeks.
- Personalized, competent care provided to patients throughout their pregnancy, labor, birth and postpartum time.
- Inflatable birth pool if requested.
- Filing for a birth certificate, including the application for the social security card.
- Newborn Congenital Congestive Heart Disease screen.

The Global Maternity Fee DOES NOT include:

- Lab fees. Most insurance will cover routine labs. This includes the initial OB panel, gestational diabetes screening, 3rd trimester complete blood count, Group B Strep swab, and a pap smear at the 6 week postpartum visit.
- Additional non-routine lab work. This may include but is not limited to thyroid, hepatic panels, or Vitamin D tests.
- Birth Kit (approximately \$150 at www.inhishands.com) and any optional items that you choose for your birth such as water birth supplies.
- Water birth supplies such as pool liner, new hose (to fill pool), faucet to hose adapter, 5 gallon bucket

- Medications such as Rhogam, antibiotics, Vitamin K, or eye ointment
- Consultation or care with a maternal fetal medicine specialist or obstetrician.
- Referred services for ultrasounds, Biophysical Profile, Non-Stress test, chiropractic, massage, acupuncture, psychotherapy, homeopathy practitioner, etc.
- Physician, hospital, laboratory, and anesthesia charges, in the event of a transfer of care.
- EMS charges for emergency services in the home and/or transport to hospital.
- Independent contractors, such as Childbirth Educators, Birth and/or Postpartum Doula, or Lactation Specialists.
- Medications that you or your baby require including recommended supplements or herbs.
- Newborn hearing screenings, approximate \$100
- Newborn metabolic screenings, approximate \$170

Services not provided by Preggers Can Be Choosers, PLLC:

- Hospital or cesarean births, other than birth support; we are not responsible for any expenses that occur as a result of transport
- Suturing of perineal tissue with a third or fourth degree tear
- Deliveries using forceps or vacuum
- Vaccinations
- Hearing screenings
- Circumcision
- Newborn metabolic screenings

Patients will pay for and supply the following:

- Laboratory/diagnostic tests recommended by Preggers Can Be Choosers PLLC, necessary in providing prenatal care to the birthing person and baby and aid in the detection and management of possible birth complications
- Box of curated homebirth supplies specifically for Preggers Can Be Choosers, PLLC from InHisHands.com
- Rh Antibody Testing and Rhogam treatment: In the case of an Rh-negative birthing person and an Rh positive infant, including cord samples lab work to determine baby's blood type
- Prescriptions & non-prescription medications, or herbal supplements, needed for the birthing person and/or infant related to the present pregnancy and postpartum care
- Emergency expenses that may include transportation, emergency room and physician expenses, surgery and medications; or any standard hospital, clinical, physician, nursing, or doula expenses related to the present pregnancy & postpartum care

Initials _____

Section 3: Fees

The global maternity fee for the standard maternity care services outlined above is \$5600.

All fees must be paid by the first day of the 37th week of pregnancy as calculated by your Midwife. Payment is due on or before the monthly dates outlined in the payment plan. Ensuring that payment obligations are met is the responsibility of the patient. The midwife will accept payment at the beginning of each appointment. Patients who miss or fail to make a payment are at risk for termination of care.

The practice requires an initial, non-refundable deposit upon signing of this contract, prior to the start of care. Preggers Can Be Choosers, PLLC takes a limited number of patients due each month and the midwife plans her schedule of patients around bookings, therefore the retainer is non-refundable, whether the patient terminates care or is transferred out of care for any reason.

The amount of this deposit will vary according to when midwifery care is initiated. Once the deposit is paid, the payment schedule outlined below will be initiated:

- In the 1st trimester (up to 12 weeks)..... \$700
 - In the 2nd trimester (up to 27 weeks) \$1400
 - In the 3rd trimester (up to 34 weeks) \$2800
- At 36 weeks the global maternity fee must be paid in full.

Payment Schedule:

A deposit of \$700.00 is due upon returning the signed contract at their 1st visit. Moreover, without this payment, a pregnant person will not be considered a patient of Preggers Can Be Choosers, PLLC and no spot will be held for her eventual labor and birth.

Payment will be expected at time of services, \$700 per appointment. Appointments are typically booked at 12, 16, 20, 24, 28, 32, 34, 36, 37, 38, 39, 40 and 41(if necessary) weeks. After the initial \$700, the balance will be \$4,900. The balance is paid in 7 more payments of \$700 each. This meets the deadline of paid in full by 37 weeks.

	Early Pay Rate	Standard Pay Rate
Payment Due Dates	\$4900 (Paid in Full by 2nd visit)	\$5600 (Paid in Full by 37 weeks)
Deposit paid with signed contract	\$700 - Paid at 1st visit	\$700 - Paid at 1st visit
16 Weeks	\$4200	\$700
20 Weeks		\$700
24 Weeks		\$700
28 Weeks		\$700
32 Weeks		\$700
34 Weeks		\$700
36 Weeks		\$700

Payment Reduction

The following reasons would give you a credit, and reduce the fee by \$200 (each).

- **Doula** from the approved list ~ a good doula is worth their weight in gold, others can suck the life out of all of us. And TBH some doulas aren't a fit for how I practice. Student doulas or family hookup doulas do not qualify.

- **Child Birth Education** ~ when you complete the course, submit the certificate or have the instructor contact me. Please inform the midwife with what course you are planning to take; not all education courses qualify. Online courses do not qualify. Watching videos on Youtube and Birthtube do not qualify. Previous courses taken for previous births, do not qualify.
- **Early Pay** ~ Deposit of \$700 at initial appointment, balance of \$4200 paid in full at second appointment. Should you arrive to your second appointment without the balance of \$4200, you will be switched to the standard plan. \$700 will be due at that 2nd visit and this contract will be modified to reflect the payment plan change.
- **Reiterating** ~ A deposit of \$700.00 is due upon returning the signed contract at their 1st visit. Moreover, without this payment, a pregnant person will not be considered a patient of Preggers Can Be Choosers, PLLC and no spot will be held for their eventual labor and birth.

Payment Methods

Patients can pay by personal check, cash or swipe. Payments will be made at the beginning of each appointment. Checks can be made out to Preggers Can Be Choosers PLLC.

Patient's are billed a \$50 fee for returned checks. Accrued charges and unpaid balances are subject to a \$50 monthly fee starting in the first full month after the baby's birth. In cases of financial hardship, patients may request a revision to their payment plan.

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Section 4: Additional Special Service Fees

- **Additional single home visits-** If you require or elect for additional home visits not included in the Global Maternity Services they will incur an additional **\$200** fee.
- **Home Visit Package-** If you choose to have all midwifery care conducted in your home Preggers Can Be Choosers offers a home visit package for an additional **\$3000** fee.
- **Lab fees-** because many of our patients have insurance that covers routine prenatal labs Preggers Can Be Choosers does not include labs in the global maternity fee to allow for that flexibility. The midwife will provide your insurance information and diagnosis codes to the lab company for billing.
- **Travel fee-** for patients who live more than 25 miles from the office at 5445 Alameda Road **\$500**.
- **No show and late cancellation** - \$50. Anything less than 24-hour notice is considered late cancellation.
- **Returned check fee** - \$50. If 2 checks are returned all other payments must be made in the form of cash or credit.

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Section 5: Refunds

Termination of care in third trimester:

Should it become necessary for the midwife to terminate care in the third trimester, **no refund will be given**. In such an event the patient will receive written notice of the termination of care and the midwife will continue to provide midwifery care for up to 30 days to enable the patient to select another healthcare provider.

Transfer of care in the third trimester of pregnancy:

Should it become necessary to transfer care to another provider during the third trimester, no refund will be given. The midwife will remain your advocate through the transfer process, as much as she is able, provide support and potentially co-care. The midwife will try to refer you to a like-minded care provider, but the patient is ultimately responsible for obtaining services of any additional medical caregiver. The Midwife can resume postpartum care after your release from the hospital.

Transfer of care to the hospital:

Should it become necessary to transfer care to a hospital, no refund will be given and any balance on the account continues to be the responsibility of the patient. In the event a medical transport during active labor becomes necessary the midwife will remain your advocate through the transfer process, barring unforeseen circumstances the midwife will accompany the patient to the hospital to help the patient transition to the new environment and provide copies of the patient's medical records to the hospital staff when necessary. The midwife will resume postpartum care as soon as the patient is discharged from the hospital.

It is understood and agreed that the midwife cannot guarantee the outcome of the pregnancy and/or delivery and the midwife has clearly explained that hospitalization could become necessary at any point in the antepartum, intrapartum, or postpartum periods.

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Termination or transfer of care in first and second trimesters

Termination by Patient, Midwife or circumstance (moving, pregnancy loss) is subject to the following charges all monies paid in excess will be refunded to Patient, or billed if a balance remains. Balance will be due upon receipt of invoice.

\$700-\$2100 Nonrefundable deposit outlined above relative to the trimester the patient is in at the time of termination of care.

\$250.00 Initial visit

\$300.00 each home visit

\$200.00 each office visit

\$50.00 per "no show" appointment

\$500.00 communication support fee

Unusual circumstances:

In the unlikely event that the midwife does not arrive in time for the birth due to a precipitous labor or the patient delaying notification of labor **no refund will be given**.

In the event that the midwife is unable to attend your birth due to illness, personal reasons, or if more than one patient is laboring at the same time she will make arrangements with a backup midwife to care for you. In such an event, **no refund will be given**.

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Section 7: Private Insurance

Certified Professional Midwives and home birth are not typically covered by traditional insurance. It is the responsibility of the patient to verify their insurance benefits. If you are a member of a health share, or a plan that does cover out of hospital birth with a Licensed Midwife or Certified Professional Midwife, Preggers Can Be Choosers will provide you with a super bill at the end of your postpartum care to submit to your insurance. All fees must be paid in full to the midwife by the patient prior to 36 weeks, and the patient is personally responsible for seeking any reimbursement from the insurance company.

Section 7: Delinquent accounts

Please do not take advantage of the midwife's forbearance and kindness. A patient's disregard for fees owed to the midwife will result in immediate termination of care. Past due balances are grounds for small claims court action. The midwife reserves the right to pursue legal action and to charge accordingly for collections, attorney and filing fees.

Section 8: Disclaimers

- Patient relieves the Midwife of any financial responsibility arising from any and all outside medical care: doctor's fees, laboratory fees not included in the Midwife fee, ultrasound fees, hospital fees, EMS transport fees, etc.
- Patient agrees that if their account has not been paid according to the terms of this agreement, they will be notified via certified letter of their Termination of Care and medical records will be made available to seek other arrangements.

Section 9: Entirety of Agreement

Unless modified in writing, this document contains the entire financial agreement between the aforementioned parties, no other promises or representations have been made. Verbal agreements and alterations MUST be finalized in writing. If any portion of this agreement is rendered or held unenforceable or unlawful, such a provision is severable and the remainder of the agreement shall continue in effect.

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Section 10: Patient Verification of Financial Responsibility:

Patient's total financial obligation to Preggers Can Be Choosers, PLLC is \$ _____

The non-refundable retainer fee due before the first prenatal visit is \$ _____

Patient's plan for payment is:

Initials _____

By my/our signature(s) below I/we acknowledge(s) that I/we have read this Agreement, and that I/we understand that this is a legally binding contract; I/we have the right to have this Agreement reviewed by an attorney before signing.

Patient's Signature

Date

Printed Name

Date

Midwife's Signature

Date